

# GM Medicines Optimisation Community of Practice: Social Prescribing



Key Insights from 12 July 2023

## Communities of Practices

cultivate change through collaboration. They are self organising, self-governing cross-professional and cross-organisational offering potential to reduce fragmentation of practice.



Community members attended the event



said they now felt more confident about recommending social prescribing to their patient community



said they learned something from the community of practice they could apply in practice



Manchester was our most engaged place at this Community of Practice



Social Prescribing: "It's about what's strong with you, not what's wrong with you"



To find out more and get involved contact [pmo@healthinnovationmanchester.com](mailto:pmo@healthinnovationmanchester.com)

## Topic: Social Prescribing

Greater Manchester is at the forefront of Social Prescribing, which connects people to social and emotional support in their community



### Top 5 reasons for referral:

- Depression/Anxiety
- Mental Health
- Financial Advice
- Wellbeing
- Dealing with Chronic Illness



Learn more about Social Prescribing from a Link Worker [here](#)



Learn more about available GM Social Prescribing services [here](#)

## Key Messages

Wider knowledge of Social Prescribing is needed in the Community

Social Prescribing support is less about the clinical condition, but about those non-medical interventions which can support better mental health



There's opportunities to include Social Prescribing within the workplace by making patients aware that it can complement clinical intervention

We need to empower patients to self manage their condition and take back control from pain and health conditions